



NEWSLETTER

18th June 2018
Term two, week eight

Dear Parents and Caregivers,

Thank you to all those who supported the Senior room's fundraising venture for our trip to Queenstown last week. We raised \$190, had a lovely shared lunch, and put in to practice what we have been learning about fractions, decimals and ratios as well.

A big thank you must go to the Candy whānau for donating the squash for the pumpkin soup and to the Hume whānau for donating the Bacon that made the soup extra tasty!

This week we are CELEBRATING OUR LEARNING of the last six months. The next two weeks are focused on assessments that will provide the evidence needed to discuss progress and achievement but most importantly to provide next steps in our learning and teaching. The outcomes will be shared at the Student Led Conferences to be held 4th and 5th July.

A written report will also be sent home in the last week of the term. This report will look quite different from the report we have had the last few years as we are now reporting on all curriculum areas and not just reading, writing and maths as was the requirement under the national standards. The format for this report is a trial and we will be seeking feedback as to its usefulness.

THIS WEEK'S AWARDS:

Congratulations to **Georgia Roberts** and **Kairo Taurima** who received our **VALUES** certificates for **CONFIDENCE** this week. Georgia received her award for having the courage, tenacity and self-assurance to take on any task that comes her way. Kairo received his award for always having the confidence to try even if he is not sure.

SCHOOL VALUE: the value at the heart of our learning community this week is **CONFIDENCE**.

CONGRATULATIONS also to **Jack Roberts** who received a classroom award for always considering others. **Hannah Steele** received a classroom certificate for always being so enthusiastic, undertaking all tasks with poise and positiveness.

FOOD FOR THOUGHT:

As fast as children whiz from classroom to activity to home and back again, their brains are just as rapidly growing and changing. The foods they eat are important.

There are seven foods that can help kids stay sharp and affect how their brains develop well into the future.

1. *Eggs*; The protein and nutrients in eggs help kids concentrate. How to Serve It: Fold scrambled eggs into a whole-grain tortilla for a filling breakfast or late-afternoon snack. "The protein-carb combo tides kids over until the next meal with no sugar-induced energy crash," Saltz.
2. *Greek Yogurt*; Fat is important to brain health, says Laura Lagano, RD. A full-fat Greek yogurt (which has more protein than other yogurts) can help keep brain cells in good form for sending and receiving information. How to Serve It: Pack Greek yogurt in a lunch with some fun mix-ins: cereal with at least 3 grams of fibre, and blueberries for a dose of nutrients called polyphenols. These nutrients are thought to keep the mind sharp by hiking blood flow to the brain.

RERE SCHOOL WILL DEVELOP THE WHOLE CHILD ENABLING PERSONAL EXCELLENCE

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3. *Greens*; Full of folate and vitamins, spinach and kale are linked to lower odds of getting dementia later in life. How to Serve It: For some kids, greens are a hard sell. So rather than serving a salad, you may want to try some different ideas: Whip spinach or kale into smoothies for snack time. Add spinach to omelettes or lasagne.

4. *Fish*; Fish is a good source of vitamin D and omega-3s, which protect the brain from declining mental skills and memory loss. Salmon, tuna, and sardines are all rich in omega-3s. "The more omega-3s we can get to the brain, the better it will function and the better kids will be able to focus," says Bonnie Taub-Dix, RD. How to Serve It: Grill it and offer your child a sauce for dipping, add fish to tacos, or make tuna sandwiches.

5. *Nuts and Seeds*; Packed with protein, essential fatty acids, vitamins, and minerals, nuts and seeds may boost mood and keep your nervous system in check. How to Serve It: There's always peanut butter, or you can also buy or make sunflower seed butter. Sunflower seeds are rich in folate, vitamin E, and selenium, and safe for nut-free zones.

6. *Oatmeal*; Protein- and fibre-rich oatmeal helps keep heart and brain arteries clear. In one study, kids who ate sweetened oatmeal did better on memory-related school tasks than those who ate a sugary cereal. How to Serve It: Add cinnamon. Research shows compounds in the spice may protect brain cells.

7. *Apples and Plums*; Kids often crave sweets, especially when they're feeling sluggish. Apples and plums are lunchbox-friendly and contain quercetin, an antioxidant that may fight decline in mental skills. How to Serve It: The good stuff is often in the skin of fruit, so buy organic, wash well, and put the fruit in a bowl for quick snacks.

SCHOOL NEWS:

Unfortunately we had to cancel the league session with Richard Brown on Friday as the top field was just too sludgy after all this rain.

There will be a meeting on Tuesday 19th June at 5pm in the school library for all those parents who put their names forward to assist with the whole school camp to Queenstown.

If you are unable to make this meeting please let me know and I will ring and let you know the outcome of that meeting.

Rere School's Annual Report has been received from the auditor and is available for inspection at the school. A copy can also be found on the school website; www.rere.school.nz

EOTC:

We have eight year 5 & 6 students attending the Fast 5 netball tournament in town on Wednesday the 20th June. Rather exciting as this is the first year we have had enough students in those year groups to make up a team!

HANGI ORDERS:

Can you please get these orders back to us ASAP. If you have town orders then Blake Pell has kindly offered to take hangi meals into town that afternoon if needed. The collection point and time is to be confirmed but most likely the Jolly Stockman car park – thank you Blake as this means that more meals will most likely be sold.

SPORTS RESULTS:

Rugby

U10 - Ngatapa Stags (Devarn, Putu, Charlie) vs Ngatapa Green (George) - Won 45-10

U10 - Ngatapa Stags (Devarn, Putu, Charlie) vs BYE

U10 - Ngatapa Green (George) vs Uawa - Defaulted played YMP under 9- Won 95-0

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U9 - Ngatapa Storms (Keanu) vs HSOB- Lost 2-9
U8- Ngatapa (Jack) vs Uawa- Won 9-7
U6- Ngatapa Rams (Robbie, Hamish) vs Uawa-

Netball

Ngatapa 2 (Georgia, Tess) vs Illminster- Drew 7 all
Ngatapa 3 Nippers (Hannah) vs Mangapapa Stars- Won 23-2

Football/Soccer

Ngatapa Ninjis (Tori, Libby) vs Wainui Flamers- Won 1-0, Player of the Day
Ngatapa Hurricanes (Manahi) vs Central Vikings- Won 5-0, Manahi Player of the Day, 2 goals
Ngatapa Green Machines (George C) vs Central Kings- Lost 11-3, George 3 goals

BUSES:

Your drivers this week are Wharekopae- Paula Reedy, phone 8673585, 027 787 9840
Taumata – Nikki Winiata, phone 8670869, 020 411 83865

COMMUNITY NEWS:

A big THANK YOU to Dean and co at Tangihau for clearing the slip on Taumata Road last week.
Your prompt action was very much appreciated.

Regards,



Katrina Dekker
Principal